# Antitrust Constraints on Physician Consolidation and Collaborations

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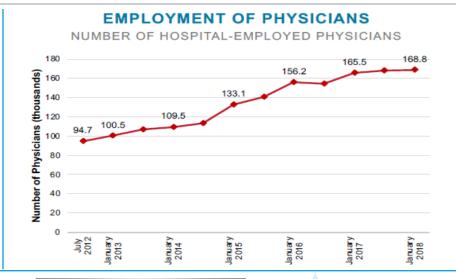
Proskauer>

### The Physician Consolidation Trend

#### Hospital employed physicians:







Practices with 1 to 10 physicians:

**65.6%** (2012)

Practices with 11 or more physicians:

34.4%

(2012)

44.1%

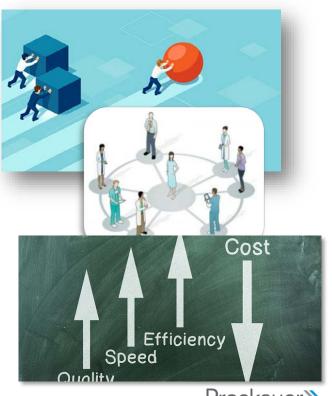
(2018)

Sources: Physicians Advocacy Institute, Physician Employment Trends: <a href="http://www.physiciansadvocacyinstitute.org/PAI-Research/Physician-Employment">http://www.physiciansadvocacyinstitute.org/PAI-Research/Physician-Employment</a>; The Physicians Foundation, 2018 Survey of America's Physicians

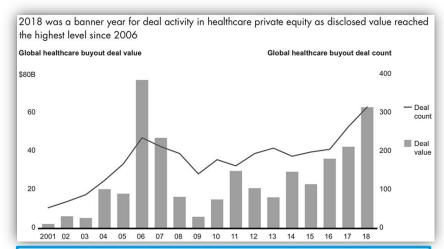


### The Physician Consolidation Trend

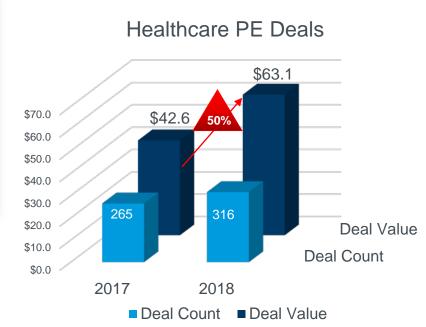
- There are good reasons for it:
  - Shift to value-based care models
  - Integrated and coordinated patient care
  - Collective development of protocols and benchmarks
  - Pooled resources and expertise
  - Increased bargaining power
  - Referral pipeline from physician visit to hospital bed



## Private Equity Firms Are Investing in Physician Practices



Favorable long-term trends: aging population, growth in chronic conditions, push towards more efficient healthcare delivery





### The FTC and State AGs are Taking Notice

Physician group mergers are something the FTC is "very alert to.... It is a source of concern." -2016

The FTC rejects arguments from hospitals that M&A is needed to implement the greater coordination of care and provider risk-taking that are encouraged by the Affordable Care Act.



"This act provides the attorney general notice of **all** material health care transactions in this state so the attorney general has the information necessary to determine whether an investigation ... is warranted."





WA H.B. 1607 (in effect Jan. 1, 2020)









#### **Navigating the Antitrust Laws**

#### Mergers. Section 7 of the Clayton Act

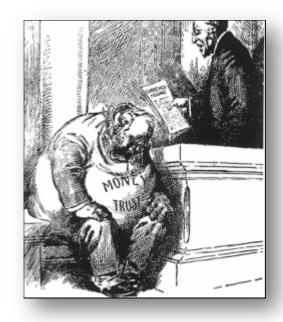
 Prohibits acquisitions that "may tend to substantially lessen competition"

#### Agreements. Section 1 of the Sherman Act

Prohibits agreements that "unreasonably restrain competition"

#### **Doing Business.** Section 2 of the Sherman Act

- Prohibits abuse of dominance





## Physician Consolidation and Collaboration Can Take Many Forms

#### **Acquisitions**

- Hospital Staff Physicians
- Hospital Dominated Physician-Hospital Organizations (PHOs)
- Physician Practice Roll-Ups

#### **Collaborations**

- Virtual J.V.s
- Financially-Integrated IPAs
- Clinically Integrated IPAs
- Messenger Model IPAs





#### **Consolidation Hypo**

- I run a large IHN. I want to acquire the largest regional independent physician group. It will:
  - Accelerate my ability to offer value-based contracting; and
  - Reduce costs and improve quality by giving me greater control over patient care
- The acquisition price is astronomical. But I can make up for it by moving the practice onto my current – higher reimbursement – payor contracts



## Section 7 is Designed to Stop Anticompetitive Mergers in their Incipiency – Before They Happen



"It's tough to make predictions, especially about the future."



"Prophesy is a good line of business, but it is full of risks."



"[M]istaken inferences in [antitrust] cases ... are especially costly, because they chill the very conduct the antitrust laws are designed to protect."

-Matsushita Elec. Indus. Co., 475 U.S. at 594



#### **Anatomy of a Merger Challenge**

#### **Plaintiffs' Prima Facie Case**

#### Market Definition

- Product Market
- Geographic Market

**High Market Shares** 

#### **Defenses**

No anticompetitive effects

No barriers to entry

Efficiencies





#### OSF/Rockford



OSF Healthcare System Abandons Plan to Buy Rockford in Light of FTC Lawsuit; FTC Dismisses its Complaint Seeking to Block the Transaction



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#### FOR RELEASE

April 13, 2012

TAGS: Competition

The Federal Trade Commission has dismissed the complaint it issued last November seeking to block OSF Healthcare System's acquisition of rival health care provider Rockford Health System, in light of OSF Healthcare's decision to abandon the proposed transaction.

The Commission voted 5-0 to dismiss the complaint, after OSF announced on Thursday that it would no longer seek to complete the

"The Federal Trade Commission is gratified by OSF Healthcare's decision to abandon its attempt to acquire rival hospital services provider Rockford Health System," said Chairman Jon Leibowitz, "As we said in November when we filed our complaint, health care consumers and employers in Rockford would have paid a price had the deal been allowed to proceed. The FTC remains vigilant, and will not hesitate to challenge deals in the health care sector that are likely to decrease competition and lead to higher prices or fewer

The FTC issued the complaint in November 2011, alleging that OSF's proposed acquisition of Rockford Health System would reduce competition in two markets in the Rockford area: 1) general acute-care inpatient services, and 2) primary care physician services. Specifically, OSF would control 64 percent of general acute-care inpatient services post-acquisition, and face only one competitor, SwedishAmerican Health System. The two hospitals together would control more than 99 percent of the market for general acute-care services. In the market for primary care physician services, the complaint alleged that, post-acquisition, OSF and SwedishAmerican together would control almost 60 percent of all primary care physician services

The FTC's Bureau of Competition works with the Bureau of Economics to investigate alleged anticompetitive business practices and, when appropriate, recommends that the Commission take law enforcement action. To inform the Bureau about particular business practices, call 202-326-3300, send an e-mail to antitrust@ftc.gov, or write to the Office of Policy and Coordination, Bureau of Competition, Federal Trade Commission, 601 New Jersey Ave., Room 7117, Washington, DC 20580. To learn more about the Bureau of Competition, read Competition Counts, Like the FTC on Facebook and follow us on Twitter.

- OSF sought to acquire Rockford Health System
- FTC alleged anticompetitive effects in the hospital market and PCP market
- OSF/Rockford would control:
  - 37% of PCPs in the area
  - 60% of hospital-owned physician groups
- District court granted a PI (but expressed skepticism of the PCP claim)
- Parties abandoned transaction on eve of FTC trial



### Physician Consolidation is Largely About (Geographic) Market Definition

"The determination of the relevant geographic market is an important consideration in an antitrust case. If the market is defined **too broadly**, anticompetitive action, which is proscribed by Section 7, might go undetected. On the other hand, if the market is defined *too narrowly*, behavior which does not tend substantially to lessen competition in a section of the country, improperly might be found to fall within the ambit of the Clayton Act." Weeks Dredging & Contracting, Inc. v. Am. Dredging Co., 451 F. Supp. 468, 489 (E.D. Pa. 1978)





- Product markets are generally defined for PCPs and each Specialty.
- Geographic markets are local. The question is just how local?

"[T]he four relevant product markets [are] adult primary care services, pediatric services, OB/GYN physician services, and general surgeon services ...."

FTC v. Sanford Health (8th Cir.)





#### Market Definition: The Supreme Court

UNITED STATES v. DII PONT . CO

UNITED STAT

APPEAL FROM THE UN THE DIST

No. 5. Argued Octobe

In a civil action under § 4 charged that appellee ha cellophane in violation of period, appellee produced United States: but cello flexible packaging materia court found that the rele of appellee's market contri

materials and that competition from other materials in that market prevented appellee from possessing monopoly powers in its sales of cellophane. Accordingly, it dismissed the complaint. Held: The judgment is affirmed. Pp. 378-404.

(a) The ultimate consideration in determining whether an alleged monopolist violates § 2 of the Sherman Act is whether the defendant controls prices and competition in the market for such part of trade or commerce as he is charged with monopolizing.

(b) A party has monopoly power contrary to § 2 of the Sherman Act if it has, over "any part of the trade or commerce among the several States," a power of controlling prices or unreasonably restricting competition. Pp. 389-394.

(c) Determination of the competitive market for commodities depends upon how different from one another are the offered commodities in character or use, how far buyers will go to substitute one commodity for another. P. 393.

(d) It is not a proper interpretation of the Sherman Act to require that products be fungible to be considered in the relevant market P 394

(e) Where there are market alternatives that buyers may readily use for their purposes, illegal monopoly does not exist merely because the product said to be monopolized differs from

(f) In considering what is the relevant market for determining the control of price and competition, no more definite rule can be

"In considering what is the relevant market..., no more definite rule can be declared than that commodities *reasonably interchangeable* by consumers for the same purposes make up" the relevant market.

United States v. E.I. du Pont de Nemours & Co., Cellophane, 351 U.S. 377, 395 (1956)





#### **Market Definition: The License Plate Acronyms**





- Hypothetical Monopolist Test
  - DOJ/FTC Originated Test
  - Yields narrow markets
  - Maximum condemnation

• Small but Significant Non-transitory Increase in Price

"This test measures whether increasing a product's price—usually by five percent—results in a substantial number of consumers purchasing an alternative product."

Kentucky Speedway, LLC v. NASCAR, 588 F.3d 908 (6th Cir. 2009)



#### The Old Brown Shoe





☐ Industry or public recognition
☐ Product's peculiar characteristics and uses
☐ Unique production facilities
☐ Distinct customers
☐ Distinct prices
☐ Sensitivity to price changes
☐ Specialized vendors

## The FTC Focuses on Insurer Contracting and Derivative Patient Demand

ST. ALPHONSUS MED. CTR. V. ST. LUKE'S HEALTH SYS.

#### OPINION

HURWITZ, Circuit

This case arises o providers in Nampa, ("FTC") and the Stat violated § 7 of the CI two local hospitals f district court believ improve patient out nonetheless found th divestiture.

As the district co determine the optim care system, but inst merger violates the factual findings by judgment below. "Noting that 'the vast majority of health care consumers are not direct purchasers of health care—the consumers purchase health insurance and the insurance companies negotiate directly with the providers,' the district court correctly focused on the 'likely response of insurers to a hypothetical demand by all the PCPs in a particular market for a SSNIP."

#### A. The Health Car

Nampa, the secon miles west of Boise and has a population of approximately 85,000. Before the merger at issue, St. Luke's Health Systems, Ltd. ("St. Luke's"), an Idaho-based, not-for-profit health care system, operated an emergency clinic in the city. Saltzer Medical Group, P.A. ("Saltzer"), the largest independent multi-specialty physician group in Idaho, had thirty-four physicians practicing at its offices in Nampa. The only hospital in Nampa was operated by Saint Alphonsus

FTC et al. v. St. Luke's Health System (9th Cir.)



### Physician Markets Are Smaller than Hospital Markets

"Evidence was presented that insurers generally need local PCPs to market a health care plan."

FTC et al. v. St. Luke's Health System (9th Cir.)





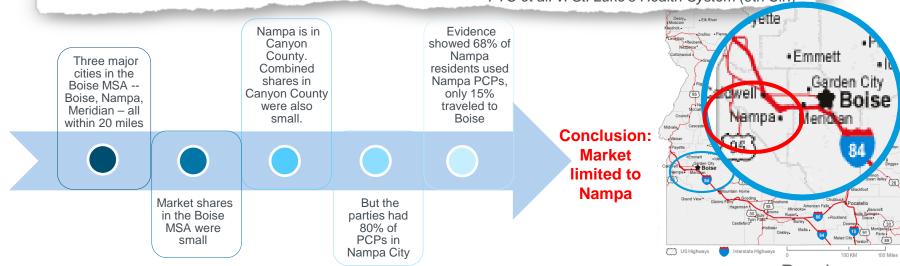




#### St. Luke's/Saltzer

"Because St. Luke's and Saltzer had been each other's closest substitutes in Nampa, the district court found the acquisition limited the ability of insurers to negotiate with the merged entity."

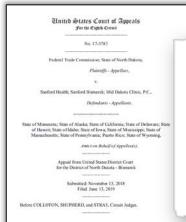
FTC et al. v. St. Luke's Health System (9th Cir.)





#### FTC v. Sanford Health

- Sanford Health, a large IHN, with 160 physicians sought to acquire Mid-Dakota Clinic, with 61 physicians in Bismark
- Sanford would have 99.8% of general surgeon services, 98.6% of pediatric services, and 85.7 of adult PCP services in Bismark



"Representatives from North Dakota's three largest insurance companies [testified that] an insurance plan's network must include each of these services to be competitive in the Bismarck-Mandan area."

FTC v. Sanford Health, 926 F.3d 959 (8th Cir. 2019)



#### If You Can't Win, Cheat...

#### Horizontal Merger Guidelines



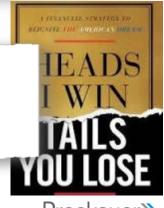


U.S. Department of Justice and the Federal Trade Commission "Some of the tools used by the Agencies ...do not rely on market definition....

Evidence of competitive effects ... may more directly predict competitive effects [than] inferences from market definition.

Issued: August 19, 2010

"Where analysis suggests alternative ... candidate markets [that] lead to very different inferences, it is particularly valuable to examine more direct forms of evidence."

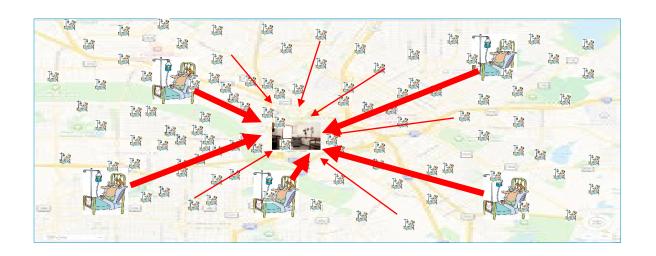


- Illustration:
  - A typical acquisition in a 6-5 competitor market





Patients travel throughout the city to visit their preferred doc

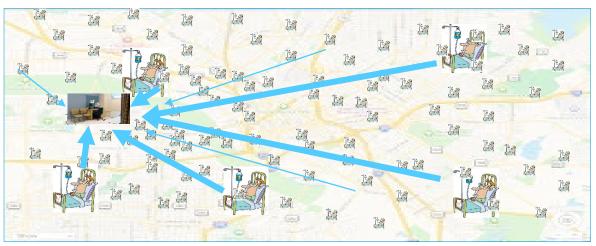




Patients travel throughout the city to visit their preferred doc

- The same is true for all the docs: patients travel throughout the

city



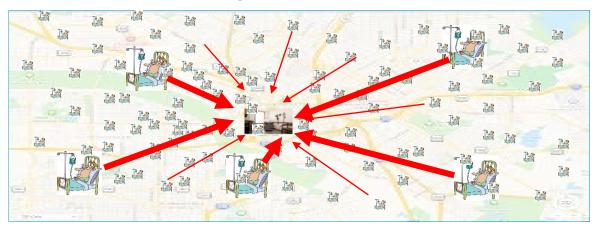
#### Conclusion

- The geographic market includes all docs' offices
- Acquisition is fine, market shares are only 33%



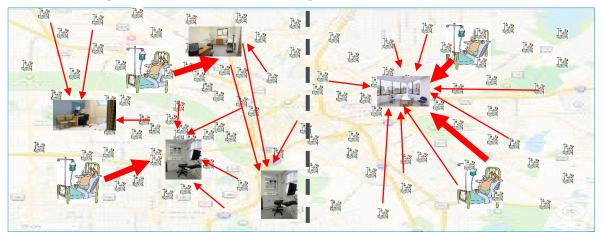


- But wait.... There's more....
  - "Diversion ratio's:
    - What is the next best substitute?
    - Where would patients go the acquire practice disappeared?





- Lo and behold, Diversion Ratio's exceed 50%
  - "The Agencies may seek to quantify the extent of direct competition .. By estimating the diversion ratio.... [That ratio] need not approach a majority" to infer pricing power." 201 Merger Guidelines





## Bargaining Power-Based Competitive Effects: A One-Way-Ratchet Toward Merger Condemnation?

- FTC Says Exercise of "Bargaining Power" Can Cause Competitive Harm, But Can't Ameliorate it
- A Tale of Two Cases: St. Luke's and Anthem/Cigna



St. Lukes

- Documents saying "the clout of our entire network could be used to negotiate favorable terms with insurers."
- Deemed anticompetitive even though limited competitive overlap.

- Increase in bargaining power that reduces reimbursement rates for insurers – not a cognizable efficiency.
- Claims of increased bargaining power "floundered in the face of business reality.... The most likely result of [lowering reimbursement is] degrading service levels.



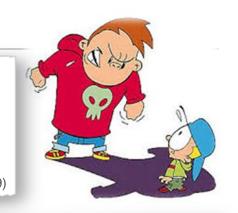
Anthem/Cigna



#### **The Dominant Purchaser Defense?**

The Defense: "[T]he district court failed to account for Blue Cross's dominant position in the market: a provider in North Dakota, they argue, would not be able to impose a price increase on Blue Cross."

FTC v. Sanford Health, 926 F.3d 959 (8th Cir. 2019)



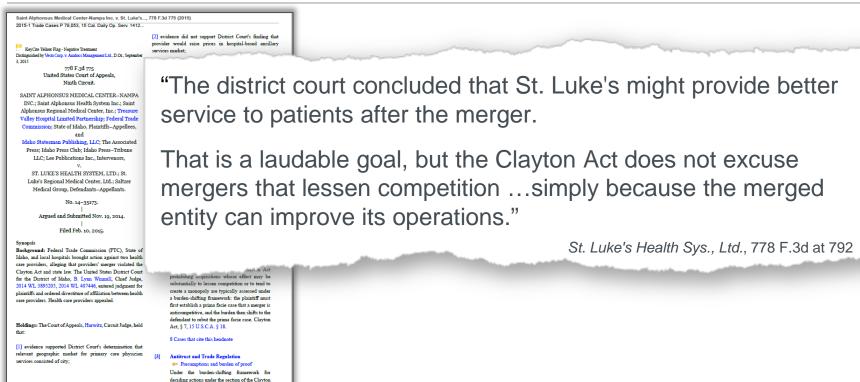


The Court: "[T]he question is not whether a monopolist would increase prices on an insurer, but whether the insurer will shift from one product to the other in response to changes in their relative costs. ... A Blue Cross representative testified that Stanford, after the proposed merger, would indeed have the power to force Blue Cross to choose between raising prices or leaving the Bismarck-Mandan region."

FTC v. Sanford Health, 926 F.3d 959 (8th Cir. 2019)



### But Physician Consolidation Will Save Lives....



#### **Courts Are Skeptical of Efficiency Defenses**



"I said back then that there should be no general defense of efficiency. I still think this is right. It is rarely feasible to determine by the methods of litigation the effect of a merger on the costs of the firm created by the merger."



"The Supreme Court has never expressly approved an efficiencies defense to a § 7 claim. And none of the reported appellate decisions have actually held that a defendant has rebutted a prima facie case with an efficiencies defense."

St. Luke's Health Sys., Ltd., 778 F.3d at 792

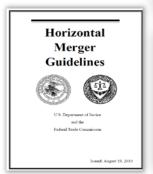


#### **Efficiency Defenses Are Hard to Prove**



There is "no empirical evidence to support the theory that St. Luke's needs a core group of employed primary care physicians beyond the number it had before the Acquisition to successfully make the transition to integrated care,"

And, in any event, "a committed team can be assembled without employing physicians." St. Luke's Health Sys., Ltd., 778 F.3d at 792



Efficiencies must be: (i) verifiable, (ii) merger-specific, (iii) likely to be passed on to the consumer, and (iv) in the case of high market shares, "extraordinarily great" to offsent any anticompetitive effects.



#### **Hypo: Collaboration**

I don't need to acquire physician practices. It's too expensive anyway. I can achieve my goals through looser affiliations, so long as I can engage in joint payor negotiations.

What can I do?



### The FTC Recognizes the Benefits of Physician Collaboration

"By developing and implementing mechanisms to encourage physicians to collaborate, many physician network[s] ... promise significant procompetitive benefits for consumers."



#### The Three Forms of Recognized Collaborations

Financially-Integrated Collaborations Clinically-Integrated Collaborations Messenger Model Collaborations

But be careful.... Sham collaborations won't work





#### CHI Franciscan Health/The Doctor's Clinic

- Two-Stage deal
  - Stage 1: Franciscan acquires WSO and its 7 orthopedic physicians
  - Stage 2: 6 months later, Franciscan affiliates with TDC, and its 54 physicians (including 5 orthopedists)
- The court held that the earlier WSO acquisition was not anticompetitive
- But it held that there was a plausible allegation of a per se illegal agreement arising out of the TDC affiliation

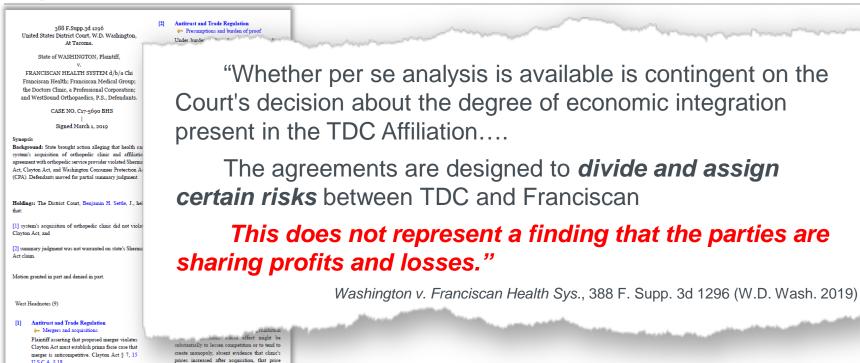


### **Financial Integration**

- SAFETY
  ZONE
- Antitrust Safety Zones for Financially-Integrated Physician Networks
  - If exclusive, no more than 20% of the market in any specialty
  - If non-exclusive, no more than 30% of the market
- Examples of "substantial risk sharing":
  - Agreement to accept a "capitated rate"
  - Use of significant financial incentives based on group performance.
  - Sharing of group profits/losses



## Market Allocations Are Not the Same as Agreements to Share Financial Risks





increase had anticompetitive effects, or that increase could be attributed to acquisition as opposed to system's affiliation agreement with

### Clinical Integration is Not Easy – But it Works

- Clinically integrated programs will involve:
  - Common protocols, performance standards and goals,
  - Referral guidelines or requirements,
  - Individual and group performance criteria;
  - Common information systems
  - Education/training
- In general, the test is whether the patient care and/or operations meaningfully differ in ways that will likely benefit patients/insurers versus non-integrated business models

#### **Takeaways**

- Most physician consolidation is okay
  - Consolidation may create a dominant position in a relatively small area,
     which can raise concerns
  - Avoiding or defeating a challenge is a fact and data intensive process
- Most Physician collaborations are okay
  - Many models to choose from.... lots of flexibility
  - Sham collaborations designed to collectively exert power over payors may be a problem
- There are lots of nuances, and counsel needs to guide the process from the beginning



