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Tulio D. Chirinos

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Tulio D. Chirinos is an associate in the Labor & Employment Law Department and a member of the Employee Benefits & Executive Compensation Group.

Tulio works on a wide variety of ERISA and non-ERISA plan litigation matters, including fee and investment litigation cases, breach of fiduciary duty claims and benefits claims. He also represents management in workplace investigations and litigation of employment-related matters, including claims of unlawful discrimination, harassment and retaliation. Tulio focuses his pro bono efforts on immigration matters where he has represented several juveniles from Central America in their asylum petitions and special immigrant juvenile status (SIJ) petitions.

Tulio is the author of several ERISA-related articles, including several focusing on ERISA fee and investment litigation that appeared in the *Benefits Law Journal* (2016-2020) and *Bloomberg BNA*. He was also a contributing author to Chapters 21 and 34 of the fifth edition of *BNA's ERISA Litigation* treatise, published in 2014 and Chapter 34 of the sixth edition published in 2017. He is also a frequent contributor to [Proskauer's Employee Benefits & Executive Compensation Blog](#).

Prior to joining Proskauer, Tulio clerked for the Federal Public Defender's office for the Middle District of Florida. Tulio is a Lieutenant Colonel in the Army National Guard, and has served three tours of duty in Iraq, Kuwait and Jordan.

Practices

Wage and Hour, Employee Benefits & Executive Compensation, Non-Compete & Trade Secrets, ERISA Litigation

Industries

Health Care

Education

University of Mississippi School of Law, J.D., 2013

magna cum laude

University of Mississippi, B.B.A., 2005

cum laude

Admissions & Qualifications

Florida

Louisiana

Court Admissions

U.S. Court of Appeals, Fifth Circuit

U.S. Court of Appeals, Ninth Circuit

U.S. District Court, Louisiana, Western District

U.S. District Court, Louisiana, Eastern District

U.S. District Court, Florida, Middle District

U.S. District Court, Florida, Southern District

Awards & Recognition

Best Lawyers in America: Ones to Watch 2021-2022

Florida Super Lawyers Rising Star 2021

Government Service

United States Army National Guard, Lieutenant Colonel, U.S. Department of Defense, 2001-Present