

# Bracing for the Impact of the No Surprises Act

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The federal No Surprises Act (NSA) and its implementing regulations are meant to protect against surprise medical bills that often occur when a patient receives services at a health care facility by providers that are “out-of-network” (OON) from the patient’s health insurance plan (Plan).

While it is clear that patients ultimately benefit from the NSA’s requirements — lower OON charges, increased transparency relating to charges, and appeal rights in certain circumstances — all providers and facilities will face substantial administrative burdens and many will receive lower payment rates.

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## Related Professionals

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- **Edward S. Kornreich**
- **Matthew J. Westbrook**  
Senior Counsel