

Celebrating Women's History Month with Words of Wisdom

March 9, 2020

March 9, 2020 (New York) – Proskauer kicked off Women's History Month with a message from our very own. We asked our lawyers and alumni to share advice they've received from mentors throughout their professional careers. Watch the below video for some empowering advice as we celebrate our colleagues' impact in and out of the Firm.

Sandra Lee Montgomery, Partner

"The most important person deserving of your forgiveness is yourself. Don't let mistakes or failures, whether actual or perceived, paralyze you."

– Advice from Sandra's mother, Hwa Ja Cha

Hadassa Waxman, Partner

"Believe that you have earned your place and that you belong. Do not apologize. Own your accomplishments."

– Advice from Margaret Garnett, former Chief in the Violent Crimes Unit at the US Attorney's Office

Elizabeth Spector Loudon, Proskauer Alumna, Assistant General Counsel for Etsy

"Life, and your career, are long. Never underestimate the value of nurturing personal relationships."

– Advice from Elizabeth's mother and father, Ann and Larry

Ayisha McHugh, Associate

"Don't deprive the world of what only you can offer."

– Advice from Alexandra Carter, Director of the Edson Queiroz Foundation Mediation Program and Clinical Professor of Law, Columbia Law School

Elise Bloom, Partner

“Work hard, persevere and have self-belief. Be true to who you are. Learn from every experience and take responsibility for your mistakes.”

– Advice from Elise’s mother, Annette Bloom

Dolores DiBella, Proskauer Alumna, Vice President, Legal Affairs for the NFL

“Careers are much longer than your toughest case or assignment, and a pragmatic sense of perspective is a valuable asset.”

– Advice from Brendan O’Rourke, Proskauer partner

[Related Professionals](#)

- **Elise M. Bloom**
Partner
- **Hadassa Waxman**
Partner
- **Sandra Lee Montgomery**
Partner